

**VIDEO SELF-EVALUATION
PAPER ASSIGNMENT**

Assignment: You have now completed presenting all of your speeches in Speech 101. It is time to evaluate your performance.

Write a essay incorporating answers to the following questions listed below. Use specific examples in from your speeches to illustrate your answers.

Purpose: To gain greater insight into your speaking performances.

Length: 500-1000 words, typed, double-spaced, correct English essay format. Spelling, grammar and format count.

Due Date: **At the start of the final exam. Failure to submit this paper will result in your not passing this class. Late papers will not be accepted.**

Grading: Preference is given to essays which are concise and to the point while making effective use of specific examples and descriptions.

Generally, each category of questions should be a paragraph; however, you may find that you wish to have more than one paragraph to answer a category.

1. Were you looking forward to watching yourself on videotape, or were you dreading it? Did you watch your video after each speech or at the end of all of your speeches (or both)? Did you think that watching your videotape would improve your speaking skills or make you more self-conscious? What did you expect to see and hear? Was the experience what you expected? Why do you say this?
2. Compare and contrast your recollections from the times you gave your presentations to the time(s) you saw the videotape. Were your impressions at the time of the speeches accurate? Do you feel you did better or worse now that time has passed? Did your performances improve? Did you appear to get more confident with

each speech? Did you *really* get more confident?

3. What did you notice in viewing the videotape that surprises you? What *doesn't* surprise you? Which among your presentations is your strongest performance? Your weakest? Why are they your strongest and weakest performances? Explain why you categorize them as such.
4. Which specific elements of content (attention getter, clear thesis statement, organization and development of main ideas, conclusion, etc.) show the greatest improvement over the course of the speeches? Give specific examples. Which specific elements of delivery (eye contact, gestures, speaking rate, vocal variety, etc.), show the greatest improvement? Give specific examples. Are there specific areas (content or delivery) which showed *no* improvement? Was what you wore for your speeches appropriate? Do you wish you had dressed differently for your performances?
5. Do you feel that the more you prepared, the better you did in your presentation? Did better organization, more facts and quotes improve your speech? Did additional practice enhance your performance? How was your performance different from rehearsal to the actual presentation? Did you find that the instructor and your peers' feedback was similar to how you felt about your performances? Now that it is all over what grade would *you* give yourself on your performances in this class?
6. What did you learn by watching your videotaped presentations? Did you watch your videotape alone or with others? If you watched it with others, with whom did you watch it (family, friends, classmates) and why? If you watched it alone, was this a conscious choice and if so, why? Will you watch this videotape again? If so, when? If no, why not? Having watched yourself, what will you do differently the next time you speak?
7. What other questions do you suggest be included in this Self-Evaluation? Do you recommend this Self-Evaluation be continued for future Speech 101 students? Why or why not?